



Mini-Basketball England Take Six Mini-Basketball National Programme



New Year 2010 Update



Take Six Mini-Basketball Registered Providers

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Website: www.mini-basketball.org.uk

THE MINI-BASKETBALL ENGLAND COMMITTEE

Chairman: Mr Peter Jaques

Members: Di Charles, Ken Charles MBE, Mike Howarth, Sue Smithin & Martin Spencer

If you would like to submit an article for the next Take Six Mini-Basketball Update please e-mail:
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We are all looking forward to the new decade of Take Six Mini-Basketball development in our Primary Schools.

Thank you for your continued support. The MBE Executive would like to wish you all every success in your endeavours.

A warm welcome to new Registered Providers:

Dan Klinger PDM Roundwood Park SSP, Tanya Angus PDM Nicholas Breakspear SSP & Chris Bell PDM West Wiltshire SSP

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Molten National Take Six Development Days



In the first half of the 2009 – 2010 Development Day National Programme we successfully delivered 5 Molten Take Six Mini-Basketball Development days in: Leicester, Sidcup, Blackburn, Barnsley &, Enfield.

This excellent start to the programme has been followed by with highly successful Development Days in Hertfordshire & West Wiltshire. T6 Development Days are now planned to be held in Lincolnshire on Tuesday 19th & 26th January, Birmingham on Tuesday 9th February & Haringey on Wednesday 10th March.

These very important days bring together Partnership Development Managers, Competition Managers, SSCos, teachers, coaches and young leaders to experience mini-basketball activities appropriate for key stage 1 & 2 children and to see how they can be developed into playing Take Six Mini-Basketball.

Yet again very positive comments were expressed in support of the Take Six concept where children are introduced to officiating mini-basketball at the same time as learning to play. Also playing 3 v 3 games was understood as the appropriate stage for team development rather than the "bees around the honey pot" that occurs in most 5 v 5 games.

There was 100% approval for the game to be introduced to all primary schools in the School Sports Partnerships. It was also considered appropriate for Take Six to be included as part of secondary school leadership training with young leaders assisting in the organisation of the Take Six Festivals.

Hertfordshire Development Day

70 SSCos, teachers and multi sport coaches attended the training at the David Lloyd Tennis Centre in Harpenden. This was our largest attendance at a T6 Development day to date. Michael Ball will be heading up an ambitious programme across Hertfordshire but particularly in the St Albans & Harpenden SSPs. Tanya Anderson PDM and Dan Klinger PDM organised the Development day as part of their Primary Link Teacher training. As in all the development days each participant received a Molten size 5 Mini-Basketball and a glossy Take Six booklet. The SSP also provided a large quantity of Molten Mini-Basketballs for use at Festivals and training sessions. Michael is planning for a series of SSP Festivals with talented children identified to attend further training at his Basketball Academy at Oakwood College.

A feature of the development in St Albans & Harpenden will be the support of Apex Multisports, a commercial schools coaching provider, who will provide coaching as part of the Sportunlimited programme. Their coaches attended the development day and will also be provided with further training by Michael.



West Wiltshire Development Day

We had an excellent group attending the Take Six Mini-Basketball Development day at the Christie Miller Sports Centre, Melcham. Chris Bell PDM and Tony Malley SSCo & Licensed Mini-Basketball Trainer organised a great day with children from Bowerhill Primary School attending in the afternoon for a practical Festival experience. Bowerhill Primary is no stranger to Mini-Basketball which was evident from the way they played and enjoyed the games. Mini-Basketball is an important part of their curriculum PE. Tony has already organised very well attended Festivals but now Chris & Tony hope to develop the game across their very large and rural SSP.

**IF YOU WOULD LIKE A DEVELOPMENT DAY PLEASE MAKE CONTACT AS SOON AS POSSIBLE
AS THE FIRST YEAR PROGRAMME MUST BE COMPLETED BY APRIL 2010**

Northampton Take Six Festivals hit the 100 Participants Target

Over 100 children participated in our first 2009-2010 Northampton Take Six Mini-Basketball festival week. Duston & Weston Favell Secondary Schools were used as the venues for the successful town festivals.

Children from the following primary schools participated: Barry Road, Castle, Chiltern, Delapre, Duston Eldean, Eastfield, Hunsbury Park, Kings Heath, Kingsthorpe Grove, Parklands & St Lukes.

In true Mini-Basketball tradition the emphasis was on participation, fun & fair play rather than identifying overall winners. All the children had an exciting time with many helping to referee and score the games. In Take Six Mini-Basketball equal emphasis is given to children playing and learning to officiate their own games.

The schools were presented with the new basketball book for primary schools edited by Rebecca Hunter. This very popular children's reading book features students from Northampton Academy & Weston Favell School in the photographs. All the children were given participation certificates.

The children were invited to continue their basketball development at the new Duston Basketball Club and The Rattlers Mini-Basketball Club at Weston Favell School.



The Festival week is preceded by an Inset Training Course for Teachers and also Take Six Young Leader's Training is provided at the SSP Leader's Conference

All Schools in the town are invited to attend the festivals. The following is an extract from the Festival invitation describing the style of event:

"Schools are invited to bring teams of 6 including boys & girls to either venue (please indicate your preference).

A Take Six Mini-Basketball Festival will include warm up games, where the rules of the game will be reviewed, and a series of matches. The games will be played on the Sports Hall cross courts which allows three games to be played at the same time.

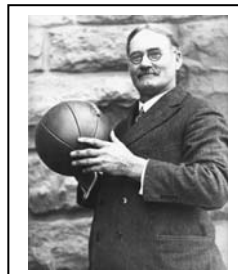
Each game will consist of two halves of 5 minutes. 3 players will be on court from each team while the substitutes help to score, timekeep or assist in the refereeing. There will be no overall winners or league table as the objective of the festival is to learn the game while enjoying the fun of playing. All the participants will receive a certificate. Where possible teachers are asked to come prepared to assist in helping the children officiate. Young leaders will also be on hand to help."

The next series of Town Festivals will be held in February.

Did you know?

Basketball was invented by Dr James Naismith (1861-1939)

Dr James Naismith was the Canadian physical education instructor who invented basketball in 1891. James Naismith was born in Almonte, Ontario and educated at McGill University and Presbyterian College in Montreal. He was the physical education teacher at McGill University (1887 to 1890) and at Springfield College in Springfield, Massachusetts (1890 to 1895).



At Springfield College (which was then the Y.M.C.A. training school), James Naismith, under the direction of American phys-ed specialist Luther Halsey Gulick, invented the indoor sport of basketball

Dr Naismith based his idea of shooting into a basket on..... a children's game he played called 'Duck on the Rock' where the objective was to knock a stone off a large rock with the best shot using a shooting arc as in basketball. A player guarded the rock by tagging players as they retrieved their stones for another throw. If a shot knocked the guard's stone off the rock it was a race to replace their stone on the rock.

The original rules of basketball were as follows:

1. The ball may be thrown in any direction with one or both hands.
2. The ball may be batted in any direction with one or both hands, but never with the fist.
3. A player cannot run with the ball. The player must throw it from the spot on which he catches it, allowance to be made for a man running at good speed.
4. The ball must be held by the hands. The arms or body must not be used for holding it.
5. No shouldering, holding, pushing, striking or tripping in any way of an opponent. The first infringement of this rule by any person shall count as a foul; the second shall disqualify him until the next goal is made or, if there was evident intent to injure the person, for the whole of the game. No substitution shall be allowed.
6. A foul is striking at the ball with the fist, violations of Rules 3 and 4 and such as described in Rule 5.
7. If either side makes three consecutive fouls it shall count as a goal for the opponents (consecutive means without the opponents in the meantime making a foul).
8. A goal shall be made when the ball is thrown or batted from the grounds into the basket and stays there, providing those defending the goal do not touch or disturb the goal. If the ball rests on the edges, and the opponent moves the basket, it shall count as a goal.
9. When the ball goes out of bounds, it shall be thrown into the field and played by the first person touching it. In case of dispute the umpire shall throw it straight into the field. The thrower-in is allowed five seconds. If he holds it longer, it shall go to the opponent. If any side persists in delaying the game, the umpire shall call a foul on them.
10. The umpire shall be the judge of the men and shall note the fouls and notify the referee when three consecutive fouls have been made. He shall have power to disqualify men according to Rule 5.
11. The referee shall be judge of the ball and shall decide when the ball is in play, in bounds, to which side it belongs, and shall keep the time. He shall decide when a goal has been made and keep account of the goals, with any other duties that are usually performed by a referee.
12. The time shall be two fifteen-minute halves, with five minutes rest between.
13. The side making the most goals in that time shall be declared the winner.

Originally dribbling was not part of the game but this was changed to allow movement away from crowded play. Also rule 9 was changed to prevent fights occurring off the court! Dividing the court into 3 zones for women to play as in netball was introduced in error by Clara Baer. Clara had never seen basketball played. James sent her some notes but she interpreted pencil markings for the playing positions as areas of play. If she had never seen these notes perhaps there wouldn't have been any netball! She later married Dr Naismith so all was forgiven. The number of players in a team on court varied from 5 up to 10 but was later fixed at 5.

Dr Naismith would have loved Take Six Mini-Basketball as he believed in making games fun and enjoyable. He also saw the importance of adapting rules to suit the participants. He remembered the fun he had as a child making up and playing games such as 'Duck on the Rock'.

The Spanish Basketball Model

Martin Spencer MBE Education officer attended the FIBA under 14 Get-together in Madrid. This report will give some insight into why the Spanish Federation is so successful in identifying and developing talented basketball players.

Report

Preamble

The under 14 get together was the 5th of a series of get-togethers held once a year and organised by the FIBA Europe Youth Commission. Previously FIBA Mini-Basketball under the leadership of Ken Charles created the principle of annual meetings of leaders of Mini-Basketball throughout Europe. At this time I had the role of Technical adviser to the FIBA Mini-Basketball Committee. Many of the committee meetings and conferences were held in London, always a popular location. The FIBA committee structures were reorganised and the FIBA Europe Youth Commission now includes Mini-Basketball within its brief. Jouko Vuolle, a good friend of Mini-Basketball England represents the interests of Mini-Basketball on the commission. Previous locations for the Under 14 Get togethers have been Finland & Italy. The Spanish Federation agreed to host this years Get together and the weekend was exclusively devoted to a presentation of the Spanish Basketball Model.

Training Model – Training, Promotion, Competition & Detection

Training for coaches & players.....Application of concepts of training appropriate to the age, content of training, values of competition....national squad preparation at under 13 & u14. CSI, a system of individual tutors appointed to each player, is introduced.

Programme starts after a Mini-Basketball Party where 200 children from the regional teams are observed by FEB professional staff. 42 boys & 42 girls are selected to join a summer camp in the mountains for 9 days.

Inculcate values of basketball – **Friendship, Effort, Respect, Emotion & Amusement**

Concepts promoted in schools and clubs. Tri basket programme used "where there is children there is basketball"

Programme includes Coach Training, Official Courses, Initiation Course, New Content, Specialisation Courses for Coaches Club to develop a 'Net of Experiences'.

Competitions

Fundamental in the chain of detection are regional competitions.

Children's Championships for regional selection. 19 selections in both boys & girls Players from 11 to 14 years are observed by FEB Technical Dept. to assess progression and adaptation to competition as result of training. National Championships involve regional teams.

CSI Follow up Commission

During the year FEB Technical Dept give service to players. Tutor assigned to each player within the detection programme. Progression analysed and individual plans are programmed. CSI elaborates individualised reports with audio-visual support. All information is sent to corresponding coach.

Detection Programme

Starts with children's Mini-Basketball Party. 20 people from Technical Department attend. Each age-group championships the 'detection' team are present. At other events the detection team are present e.g. at tri-basket events. First international is BAM u14 tournament, then u15 Friendship Games, leading to u16 European Championships. It is claimed that 85% remain in programme. Size of group is reduced to 14 for international teams.

Working Areas for the detection programme are Technical, Physical, Biological and Psychological.

Steps programme

The players meet in school holidays generally at Christmas & summer holidays.

U12 (in summer holiday after mini-basketball Party): First detection using mini-baskets. 'Wide' group selected.

U13 transition to basketball: Large working group continues. First evaluations are made.

U14 Working group reduction: First Team structures introduced. International competition begins. General evaluations are made. Preparations are made for BAM tournament.

U15 Working group definition - structure of selection is for European preparation and International Competition General evaluations continue. Prepare for Friendship Games.

Also a Tall Player Camp is held annually with requested height in each age-group. To bring in tall players not already identified. Initially this was direct website application from parents...now through regional identification.

My Observations

1. Spanish Mini-Basketball is strong in local clubs as well as in the schools. Local competition is the emphasis for younger age-groups.
2. Human resources, particularly in the technical support of the detection programme, are from a sports science background. The technical team were young and enthusiastic. The employment of ex national players was encouraged.
3. The Regions support the programme. The Technical team work closely with regions. Within the 19 regions there are many established clubs including mini-basketball age – groups. Competitions are based on clubs as well as schools in the under 14 age groups. The club culture is similar to football in England with local leagues. Parents influence is strong with definite demands e.g competitions.
4. When players are released from programme there is a strong club programme which could allow them to return if improvements are made. The challenge is always there to return to the programme.
5. I agreed with the Italian view that the example training sessions demonstrated at the Get-together were typical practices from basketball and not Mini-Basketball activities. This was basketball coaching.
6. Sophisticated detection programme was only possible because of the huge player resource at a local club level and financial and technical resources available to the Federation. In England we need to develop the local club player resource as a priority. This will benefit the development of quality at national level.
7. There is no denying the Spanish Model achieves success. Spain is rated as the top Federation in the world. However in Spain there is a very strong national basketball identity with thousands of clubs providing opportunities to play at the local level. Basketball is a major sport, understood and watched by the general public and supported by regular local & national media coverage.



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MOLTEN IS THE OFFICIAL MBE MINI-BASKETBALL

To purchase Mini-Basketballs at a 30% discount please order directly from the Molten Sports website using this special voucher code: **MBE300309**.

Molten will donate £1 to Mini-Basketball England for every Mini-Basketball sold if you use the code.

Good Luck with all your Take Six Mini-Basketball developments in 2010 and please keep us updated of your progress.

The next Val Sabin Publications & Training National Licensed Mini-Basketball Trainer's Course will take place in Northampton on **Thursday 4th March 2010**

Please contact VSP&T for further details:

www.valsabinpublications.com